

Workshop Democratic citizens since childhood



TIME	TITLE	DESCRIPTION	ADDITIONAL INFO
00:00 5'	Welcome	Welcome participants	
00:05 3'	Introduction of facilitator	Short introduction: name, organisation, role etc.	
00:08 5'	Presentation of the „Wake UP!“ project	A short presentation of the project, its activities and objectives.	=
00:13 2'	Presentation of the agenda	A short brief of what is going to happen during the workshop	=
00:15 15'	Nema game	Each participant says their name and a quality that begins with the letter of the name. The facilitator collects and lists all the qualities said and related to democratic citizenship.	=
00:30 10'	Energizer	Energizer to maintain the attention. Participants are split in pairs, and they count from 1 to 3, one by one, in pairs. Slowly, each number is substituted with a funny move.	=
00:40 15'	Expectations of participants	The facilitator asks participants to share their expectations related to the workshop.	=
00:55 10'	Break		=
01:05 20'	Guessing game	„What can I take with me on a desert island?“ (The answers must be any word that starts with the initial of the person name. For example, Maria can take mushrooms with her, because the word mushrooms starts with M in the same way as the name Maria. It continues until each participant guesses the rule).	
01:25 35'	Brainstorming - what democratic values do we know?	Children are engaged in a brainstorming exercise, which will introduce the topic of volunteering and the 3 main pillars: own initiative, for the benefit of the community, no remuneration. Each pillar is exemplified by students through examples.	
02:00 10'	Brainergizer	To energize and maintain attention: different but simultaneous movements with both hands	
02:10 30'	Identify the benefits of volunteering	Participants share ideas on what benefits volunteering brings. The final conclusion is that the volunteer is a democratic citizen.	
02:40 15'	Evaluation	Each participant shares a word that represents how they feel at the end of the workshop.	
02:55 5'	Closure	Thank you and goodbye!	
03:00			

TOTAL LENGTH: 03:00

Workshop Democratic citizens since childhood - block details

00:00
5' **Welcome**

Welcome participants

00:05
3' **Introduction of facilitator**

Short introduction: name, organisation, role etc.

00:08
5' **Presentation of the „Wake UP!“ project**

A short presentation of the project, its activities and objectives.

ADDITIONAL INFORMATION

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00:13
2' **Presentation of the agenda**

A short brief of what is going to happen during the workshop

ADDITIONAL INFORMATION

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00:15
15' **Nema game**

Each participant says their name and a quality that begins with the letter of the name. The facilitator collects and lists all the qualities said and related to democratic citizenship.

ADDITIONAL INFORMATION

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00:30
10' **Energizer**

Energizer to maintain the attention. Participants are split in pairs, and they count from 1 to 3, one by one, in pairs. Slowly, each number is substituted with a funny move.

ADDITIONAL INFORMATION

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00:40
15' **Expectations of participants**

The facilitator asks participants to share their expectations related to the workshop.

ADDITIONAL INFORMATION

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00:55
10' **Break**

ADDITIONAL INFORMATION

=

01:05
20' **Guessing game**

„What can I take with me on a desert island?“ (The answers must be any word that starts with the initial of the person name. For example, Maria can take mushrooms with her, because the word mushrooms starts with M in the same way as the name Maria. It continues until each participant guesses the rule).

01:25
35' **Brainstorming - what democratic values do we know?**

Children are engaged in a brainstorming exercise, which will introduce the topic of volunteering and the 3 main pillars: own initiative, for the benefit of the community, no remuneration. Each pillar is exemplified by students through examples.

02:00
10' **Brainergizer**

To energize and maintain attention: different but simultaneous movements with both hands

02:10
30' **Identify the benefits of volunteering**

Participants share ideas on what benefits volunteering brings. The final conclusion is that the volunteer is a democratic citizen.

02:40
15' **Evaluation**

Each participant shares a word that represents how they feel at the end of the workshop.

02:55
5' **Closure**

Thank you and goodbye!
